

# RED, WHITE, & BLUE NATIONAL GIRLS' FOLKSTYLE DUALS NOVEMBER 20-21, 2009



## INTENT TO PARTICIPATE

### PLEASE MAIL, EMAIL OR FAX THIS BACK IMMEDIATELY UPON RECEIPT TO RESERVE YOUR TEAM'S SPOT.

THIS IS NOT YOUR TEAM ENTRY. THIS IS ONLY NOTIFICATION OF YOUR INTENT TO PARTICIPATE TO ASSIST ORGANIZERS IN THE PLANNING PROCESS. YOUR ENTRY IN THE EVENT WILL NOT BE GUARANTEED UNTIL YOU SUBMIT ALL ENTRY FORMS AND FEES.

#### CHECK ONE:

- Our team **will** participate in this event.
- Our team cannot participate this year, but please keep us on your mailing list for next year.

### UPON RECEIPT, PLEASE COMPLETE THE INFORMATION BELOW AND SUBMIT.

State: \_\_\_\_\_  
Team Name: \_\_\_\_\_  
Contact Person: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_  
Email Address (MANDATORY) \_\_\_\_\_  
Travel Coordinator (if different): \_\_\_\_\_  
Email (Mandatory) : \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_  
Hotel (if booked): \_\_\_\_\_

#### RETURN THIS FORM AS SOON AS POSSIBLE VIA FAX OR EMAIL TO:

**Marty Bartram**  
**Rhino Wrestling Club**  
7117 Rockridge Lane, Fayetteville, NC 28306  
910-429-2436 (Fax)  
[NationalDualsDirector@rhinowrestling.org](mailto:NationalDualsDirector@rhinowrestling.org)

**REMEMBER, THE ENTRY DEADLINE FOR ALL ENTRY MATERIAL IS MONDAY, 16  
NOVEMBER 2009! PLEASE SEND YOUR INTENT TO PARTICIPATE AS SOON AS POSSIBLE.**

# **Red, White, & Blue National Girls' Folkstyle Duals Information & Entry Packet**

Enclosed you will find the following entry materials for the 2009 Red, White, & Blue National Girls' Folkstyle Duals.

- 1. Intent to participate (return today!)**
- 2. Instructions to Enter**
- 3. Tournament Information**
- 4. Team Roster**
- 5. Entry Form**

If any of the listed items are missing, please contact: Marty Bartram at 910-824-0024 or [NationalDualsDirector@rhinowrestling.org](mailto:NationalDualsDirector@rhinowrestling.org).

It is important to have all information completely filled out. All items must be received no later than Monday, 16 November, 2009.

## **Entry Instructions**

Send the following items:

- 1. Entry Fee of \$250.00 ~~NON-REFUNDABLE~~, no Personal Checks, please **\$0.00**.**
- 2. Completed Team Roster**
- 3. Completed Entry Forms**

Please submit by traceable delivery to:

**National Duals**  
7117 Rockridge Lane  
Fayetteville, NC 28306  
910-429-2436 (Fax)  
[NationalDualsDirector@rhinowrestling.org](mailto:NationalDualsDirector@rhinowrestling.org)

## Red, White, & Blue National Girls' Folkstyle Duals Tournament Information

**DATES: November 20-21, 2009**

**SITE:** *Crown Center Expo Center*

1600 Coliseum Drive, Fayetteville, NC 28306

**HOST:** North Carolina USA Wrestling and the Rhino Wrestling Club

**ENTRY FEE:** \$0.00.

Entry fee includes admission for members of the official roster submitted for this event (maximum of 3 coaches and 1 table worker). For more information, contact Marty Bartram at 910-824-0024 or [NationalDualsDirector@rhinowrestling.org](mailto:NationalDualsDirector@rhinowrestling.org).

**ENTRY DEADLINE:** All entries **MUST BE RECEIVED BY Monday 16 November, 2009.**

**ACCOMMODATIONS:** Hotel and travel information is available on our website [www.rhinowrestling.org/girlsnationalduals.html](http://www.rhinowrestling.org/girlsnationalduals.html)

**WEIGH-INS & REGISTRATION:** Weigh-ins and registration will take place between 1 pm and 8 pm on Friday November 20, 2009 at the host hotel for the event. Hotel information will be published on the website in July 2009. Each team will register and weigh in together. **ATHLETES WILL WEIGH-IN WEARING A SINGLET.**

**PARKING:** Parking is free for the event.

**ADMISSION:** Admission to the event will be \$10.

**COOLERS: TEAM COOLERS WILL BE RESTRICTED TO THE HOSPITALITY ROOM. THERE IS A \$30 COOLER FEE. ABSOLUTELY NO OUTSIDE FOOD WILL BE ALLOWED IN THROUGH THE GENERAL ADMISSION GATE.**

**COACHS' MEETING:** The coach's meeting will be held at event venue at 8:15am on Saturday November 21.

**COMPETITION:** Opening ceremonies will be held at 8:45 am on Saturday, November 21, 2009, competition will begin following opening ceremonies. **RULES:** Rules will be according to the USA Wrestling Handbook, the USA National Codebook and the National High School Rulebook.

### Girls' Dual Team Information

The weight classes for the event are: 40, 45, 50, 55, 60, 66, 70, 74, 81, 88, 97, 105, 114, 125, 136, 136+ (30lbs max difference). Tenths will be dropped at weigh-ins to accommodate scale differences. Competitors in weight classes 66 – 136+ must have been born in 1994 or after, **AND** be enrolled in middle school (or junior high), 6th through 8th Grade. Competitors that meet this age and grade criteria are **PROHIBITED** from competing in weight classes lower than 66lbs. Wrestlers younger or in lower grades than those stipulated in the upper weight class criteria may wrestle in weight classes 66 – 136+ with the signed permission of the parent/guardian.

Each Participant should bring proof of age and grade with them to the event. A team shall consist of up to 16 weight classes, 4 alternates, and 1 table worker.

**EACH TEAM WILL BE RESPONSIBLE TO PROVIDE ONE TIMER OR ONE SCORER FOR EACH OF THEIR TEAM'S DUAL MEETS.**

**AMONG THOSE TIED, CRITERIA IN CASE OF TWO OR MORE TEAMS ENDING WITH IDENTICAL RECORDS: (in a situation of a three-way tie, once the three-way tie is broken to two teams revert to the following process beginning with head-to-head.)**

1. Head-to-head competition
2. Greatest number of team points
3. Greatest number of individual wins
4. Greatest number of falls
5. Greatest number of technical falls
6. Greatest number of major decisions
7. Greatest number of offensive points scored by all athletes during the head-to-head competition

**TIE BREAKERS FOR ALL DUAL MEETS AMONG THOSE TIED:**

1. The team who has been penalized the least for Flagrant or Unsportsmanlike conduct
2. The team having won the greatest number of individual matches
3. The team who has accumulated the greater amount of 6 point wins
4. The team having the greater number of technical falls
5. The team having the greater number of major decisions
6. The team having the greater number of points for near-falls
7. The team having the greater number of takedowns
8. The team having the greater number of escapes
9. It's a tie

**AWARDS:** Top four teams will receive trophies. Individual awards will be presented based upon win/loss criteria. MOW and Sportsmanship award will be presented to athletes. Most Outstanding Coach and Coaches' Sportsmanship Award will be presented.

**FOR MORE INFORMATION:** Contact Marty Bartram at 910-824-0024 or [NationalDualsDirector@rhinowrestling.org](mailto:NationalDualsDirector@rhinowrestling.org).

# RED, WHITE, & BLUE NATIONAL GIRLS' FOLKSTYLE DUALS

## Entry Form and Roster

PLEASE PRINT CLEARLY

TEAM NAME: \_\_\_\_\_

CLUB NUMBER: \_\_\_\_\_

USA DISTRICT: \_\_\_\_\_

### HEAD COACH

NAME:

EMAIL:

ADDRESS Street: City: State: Zip:

Phone # Home: Cell:

### ASSISTANT COACH

NAME:

EMAIL:

ADDRESS Street: City: State: Zip:

Phone # Home: Cell:

### ASSISTANT COACH

NAME:

EMAIL:

ADDRESS Street: City: State: Zip:

Phone # Home: Cell:

Must be signed by Head Coach:

I certify that all of the information submitted on the attached roster is correct and that each athlete meets all eligibility requirements. I certify that I know and understand the rules, policies, and code of conduct for my sport. I have read the rules, statement of policy and ethics, and I agree to require my athletes and assistant coaches to abide by them.

Coach's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# OFFICIAL TEAM ROSTER FOR RED, WHITE, & BLUE NATIONAL GIRLS' FOLKSTYLE DUALS

STATE:

TEAM NAME:

1) **COACH'S NAME:**

2) **ASSISTANT COACH:**

3) **ASSISTANT COACH:**

4) **WORKER:**

Athletes

	LAST NAME, FIRST NAME, MI	BIRTH DATE	GRADE
1.	40lbs		
2.	45		
3.	50		
4.	55		
5.	60		
6.	66		
7.	70		
8.	74		
9.	81		
10.	88		
11.	97		
12.	105		
13.	114		
14.	125		
15.	136		
16.	136+		
17.	ALTERNATE		
18.	ALTERNATE		
19.	ALTERNATE		
20.	ALTERNATE		