



WALL OF HONOR

11+ Rhino eXtreme Champions

20+ North Carolina Youth State
Folkstyle Champions

11+ North Carolina Youth State
Freestyle Champions

5+ North Carolina Youth Greco Ro-
man State Champions

20+ North Carolina National Team
Members

11+ North Carolina High School
Athletic Association Qualifiers,
Placers, and Champions

8+ Collegiate Wrestlers

1 World Team Member

Rhino Wrestling

Our purpose is to give boys and girls the opportunity to grow as young persons and excel in the sport of wrestling.

Participants will have the opportunity to learn techniques from beginners to elite. **No prior wrestling experience required!** Your wrestler will train with opponents close to their own age and size. The only requirement is a strong desire to succeed, improve, and have fun!

Our members hail from Hoke, Harnett, Robeson, and Scotland Counties as well as the majority of school districts in Cumberland County.



RHINO WRESTLING

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RHINO WRESTLING

Wrestle Hard or Go Home

Guide to Cumberland County's Premier Youth Wrestling Organization



Tel: 910-824-0024

Rhino Wrestling



PURPOSE STATEMENT

Our purpose is to give boys and girls the opportunity to grow as young persons and excel in the sport of wrestling.

We accomplish this by recognizing that the reasons kids wrestle include fun, friends, fitness, participation, and skill development. We focus on the seven fundamentals of wrestling, drill basic and advanced techniques to instill confidence and achieve consistency while developing the foundation that produces High School State Champions.

Participants will have the opportunity to learn techniques from beginners to elite. No prior wrestling experience required! Your wrestler will train with opponents close to their own age and size. The only requirement is a strong desire to succeed, improve, and have fun!

Rhino Wrestling is a feeder program designed to improve Cumberland County Middle and High School wrestling. Our practice location makes it easy to presume that we focus on feeding a specific district. We are unabashed in our pride in the Purple and Gold of the Buccaneers and Pirates. We bleed Purple too! We do not allow our pride to influence our purpose and our love for the sport of wrestling. Our members hail from Hoke, Harnett, Robeson, and Scotland Counties as well as the majority of school districts in Cumberland County.

Our vision is that Rhinos go on to wrestle in high school with the goal of becoming high school state champions, productive student athletes, contributors to their communities' success, and winners in life.

COACHING

Head Coach: Marty Bartram
2004 - Present

- Rhino Wrestling assistant coach 2002-2004
- Stuttgart Youth Association assistant wrestling coach 1999-2001.
- USA wrestling Bronze Certified Coach
- Positive Coaching Alliance certified double-goal coach.
- North Carolina USA Wrestling board Member at Large
- Coached North Carolina elementary national folkstyle dual teams, middle school national folkstyle dual teams, high school national folkstyle dual teams and Schoolboy national Greco-Roman and freestyle national dual teams.
- Currently working on a Master of Science in Sports Management.

COST

The cost of the program is funded 100% by membership fees. Rhino Wrestling always attempts to provide functional, fun, & economically feasible ways for families to research the sport without a financial over commitment by the parents.

Registration Cost

We offer two programs. For detailed information on the programs visit www.rhinowrestling.org/membership.htm.

TEAM PURPLE

- *One time registration fee of \$60 per child
- *Monthly due of \$38 per family
- *Dues are paid bi-monthly
- *November and December dues are paid in October at registration
- *January and February dues are paid first week of January

Members of Team Purple practice for three hours a week, two 1.5-hour sessions.

TEAM GOLD

- *One time registration fee of \$120 per child
- *Monthly due of \$87.50 per family
- *Dues are paid bi-monthly
- *November and December dues are paid in October at registration
- *January and February dues are paid first week of January

*March dues are paid first week of February

Members of Team Gold practice on designated days for a total of 5-7 hours a week.

Equipment Cost – Given as a reference

Headgear: (Required) \$20 & Up

Shoes: (Required) \$25 & Up

Singlet: (optional) Singlet, the uniform of a wrestler. You may purchase your own singlet or order one

of ours. Minimum order amounts vary.

You may use the Club T-shirt and shorts. *If you intend to use your team T-shirt for competition please order it "small" so it fits your wrestler's body tightly.*

Team Gear T-shirts, Shorts, Sweatpants, Hoodies, and singlets will be ordered each season.

It is a common practice for Parents or Guardians to wear team apparel to tournaments. For this reason interested parents/guardians may order extras. Generally we need a minimum of 12 to place an order at the screener.

Competition Cost – *Given as a reference*
Individual tournament Participation: \$10.00 to \$15.00 each - Due to the club "Tournament Coordinator" by close of Tuesday's practice for the following weekends tournament.

Family Entry: \$5.00/family

LIABILITY

Rhino Wrestling requires a liability waiver for all participating members. The waiver must be signed by parents before any involvement with the club. In addition you will be provided secondary insurance. This does not replace your primary insurance nor is it a substitute for not having insurance.

