

Top Ten Frequently Asked Questions

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Q#1

How much will it cost?

A

Our price schedule is at <http://www.rhinowrestling.org/membership.htm>. Our two different programs have different costs. The both include a onetime fee as well as monthly dues. Monthly dues are paid bi-monthly. There are no refunds after 15 days with club. Other costs you may incur include, wrestling shoes, headgear, kneepads, singlets, team apparel, tournament fees (\$10-\$30, most are \$10 or \$15), travel.

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Q#2

Am I investing in my child's future?

A

This is an interesting question. As a parent and a coach, I hope I never hear one of our wrestler's parents say, "You are wasting my money!" to their child, regardless of the child's age. Personally, I look at my time and effort, as well as my children's time and effort, on the mat as an investment; not a financial investment but an investment in their future. I know that sport alone does not build character, but sport combined with other factors can facilitate learning life lessons that will carry us through our entire lives. If your child wants to be an Olympic wrestler, we are going to help them do that. If your child wants to have fun and wrestle, we will help them do that too. Our goal is that when you and your child look back upon their Rhino Wrestling experience that you are able to see that it was a rewarding experience that provided them, you, and your family tangible and intangible rewards.

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Q#3

Is my child old enough to wrestle?

A

The American Academy of Pediatrics (2000) stated that it is never too early for a child to engage in expressive physical activities in safe environment. Great right, however, that probably does not really answer your question. Generally, if a child listens appropriately for their age level and follows instructions appropriately, they are ready to get on the mat. Whether or not the child is ready to compete at his age level is a family decision. Our staff will be happy to provide you advice upon request. Some parents choose not to have their children compete for the first season or two regardless of age. Others put their children on the mat right away. There is no right or wrong answer; we try to provide opportunities for every wrestler to compete at events we feel are appropriate for their situation. We feel competition is important because it gives meaning to practice and all the hard work that your child will put in at practice. Can you

imagine going to baseball practice for 3 or 4 months and never playing in a game? We cannot, likewise we do not want to push a child into a situation that will not benefit their development.

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Q#4

Where does my money go?

A

The onetime registration fee covers the cost of your child's membership in our sanctioning body, costs of sanctioning and insuring the club and facilities, and initial maintenance equipment. Monthly dues pay for the facility costs (rent), first aid supplies, mat tape, hygiene supplies, office supplies and other miscellaneous club overhead (bank fees, taxes, etc).

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Q#5

Can my daughter wrestle?

A

Definitely, whether your daughter wants to compete against boys and girls, boys only, or girls only, she can wrestle. However, in our practice room, she should expect to practice with everyone regardless of gender.

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Q#6

Can I help coach?

A

Yes and there is more good news. There is no experience required. We will get you started by having you register and pay for a background check and then register as a coach. Coaches' education is available and we will help you through the process. We expect and demand that coaches do not step onto the mat with the intention of only coaching their child, we expect coaches to help everyone. This includes not leaving immediately when your child finishes wrestling at tournament, but staying to help coach the kids that are still competing.

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What can I do to help?



We always have a specific list of tasks that need accomplishing. General areas include photography, video, fundraising, signing kids in and out of practice, taking money and forms during practice, selling concessions.

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How do I become or help someone become a sponsor?



Our sponsorship packet is available at <http://www.rhinowrestling.org/Downloads/2008-9%20Rhino%20Wrestling%20Club%20Partnership%20Letter.pdf>

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We missed registration is it too late to join?



The answer is dependent on the age and experience of your child, how many registered athletes we have, and how robust our volunteer coaching staff is. We do not want to provide you an experience that we cannot take pride in.

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How long does a tournament last?



Tough question, tournaments generally run from 7am – 7pm. Some have split sessions based upon age. You may spend anywhere from one hour or eight in the gym. Check out these guides for more information. [Youth Wrestling Guide for Parents](#) / [Parents' Survival Guide](#)

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