



On 22 November 2008, Team Florida (Elementary) and Team Jordan (Middle School) came to Crown Arena and took the building with the calm demeanor expected of champions and put on a display of wrestling that left no doubt in everyone's mind that they deserve the title of National Duals Champions.

## 2009 INFORMATION

<http://www.rhinowrestling.org/NationalDuals.html>

20-21 November 2009

**DATES:** November 20-21, 2009

**SITE:** *Crown Center Expo*

1600 Coliseum Drive, Fayetteville, NC 28306

**HOST:** North Carolina USA Wrestling and the Rhino Wrestling Club

**ENTRY FEE:** \$350.00, **NON-REFUNDABLE.**

Entry fee includes admission for members of the official roster submitted for this event (maximum of 3 coaches and 1 table worker).

For more information, contact Marty Bartram at 910-824-0024 or [NationalDualsDirector@rhinowrestling.org](mailto:NationalDualsDirector@rhinowrestling.org).

**ENTRY DEADLINE:** All entries **MUST BE RECEIVED BY Monday 16 November, 2009.**

**ACCOMMODATIONS:** Hotel and travel information is available on our website [www.rhinowrestling.org/nationalduals.html](http://www.rhinowrestling.org/nationalduals.html)

**WEIGH-INS & REGISTRATION:** Weigh-ins and registration will take place between 1 pm and 8 pm on Friday November 20, 2009 at the Residence Inn, 1468 Skibo Road, Fayetteville, NC 28303. This is next door to the host hotel for the event. Each team will register and weigh in together. **ATHLETES WILL WEIGH-IN WEARING A SINGLET.**

### **Middle School Dual Team Information**

The weight classes for the event are: 70, 77, 84, 91, 98, 105, 112, 120, 128, 136, 144, 152, 160, 175, 190, 210, and HWT. Tenths will be dropped at weigh-ins to accommodate scale differences. Competitors must have been born in 1994 or after, **AND** be enrolled in middle school (or junior high), 7th through 8th Grade. Each Participant should bring proof of age and grade with them to the event. A team shall consist of up to 17 weight classes, 4 alternates, and 1 table worker.

### **Elementary School Dual Team Information**

The weight classes for the event are: 45, 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 108, 116, 125, and HWT. Tenths will be dropped at weigh-ins to accommodate scale differences. Competitors must have been born in 1997 or after, **AND** be enrolled in elementary school, kindergarten through 6th Grade. Each Participant should bring proof of age and grade with them to the event. A team shall consist of up to: 16 weight classes, 4 alternates, and 1 table worker.